

 <b>MEASURES PUT IN PLACE</b>	<b>SÉLECTION RETRAITE</b>	<b>DIRECTIVES OF THE CANADIAN AND QUÉBEC GOVERNMENTS</b>
Granting of the \$4 bonus for our caretakers	X	X
Granting of the 8% premium for our nurses	X	X
Granting the 4% bonus for our employees in our complexes	X	X
Compliance with the recommended social distance according to the level of protection of the people concerned, inside and outside the residence	X	X
Mandatory use of a face mask for all employees, in all areas of the residence, including those dedicated to staff	X	X
According to the level of protection of the people concerned, masks or face coverings are required for residents who leave their rental units	X	X
Wearing of Personal Protective Equipment (PPE) by each employee working on probable or confirmed cases of COVID-19 and confirmed by a CISSS or CIUSSS professional, as agreed	X	X
Compliance with specific cardiopulmonary resuscitation (CPR) guidelines in the context of COVID-19	X	X
 <b>ISOLATION</b>		
Obligatory 14-day isolation for employees that have cough and fever symptoms	X	X
14-day isolation for employees that have travelled (if required by the competent authorities)	X	X
Voluntary isolation for residents that travelled (if required by the competent authorities) + accompaniment service for those who do not want to isolate themselves, as required	X	X
Isolation protocol, when residents or employees are awaiting test results	X	
 <b>DOCUMENTS</b>		
Concentration of entry and exit traffic so that visitors can complete the register	X	
A register must be kept of residents who have traveled, 14-day quarantine, and symptom monitoring, as applicable.	X	
Daily poster listing updates and key information for residents	X	
Specific procedures given to new residents who need to move into the residence or out of it	X	
Monitoring of the condition of each resident (keeping a record of the information)	X	X
 <b>CAREGIVERS</b>		
Informal caregivers may provide support to residents, under certain conditions. The following criteria are in place:	X	X
<ul style="list-style-type: none"> <li>Checklist with the steps to be taken for caregivers (links for training will be provided);</li> </ul>	X	X
<ul style="list-style-type: none"> <li>A consentment form must be completed and signed before entering the residence;</li> </ul>	X	X
<ul style="list-style-type: none"> <li>Taking the temperature at the entrance to the residence;</li> </ul>	X	
<ul style="list-style-type: none"> <li>Establishment of a register of caregivers, including visitation dates;</li> </ul>	X	X
<ul style="list-style-type: none"> <li>Access granted only from the reception of the residence to the resident's apartment;</li> </ul>	X	X
<ul style="list-style-type: none"> <li>Access is denied to caregivers with COVID-19 related symptoms, who have travelled in the past 14 days and who must quarantine (according to the competent authorities) or who have been in contact with: <ul style="list-style-type: none"> <li>A person who has been declared for COVID-19 and is awaiting results within the last 14 days;</li> <li>A person who has tested positive for COVID-19 in the past 14 days;</li> <li>A person who has travelled in the past 14 days and who should be in quarantine (as established by the competent authorities).</li> </ul> </li> </ul>	X	X
<ul style="list-style-type: none"> <li>Mandatory use of a mask, as soon as you enter the residence, and use of personal protective equipment (gloves and jackets) according to the condition of the patient;</li> </ul>	X	X
<ul style="list-style-type: none"> <li>Compliance with measures of social distance (2 metres);</li> </ul>	X	X
<ul style="list-style-type: none"> <li>Prohibition of remaining in the resident's apartment if aerosol-generating medical procedures are performed;</li> </ul>	X	X
<ul style="list-style-type: none"> <li>Visits are allowed for a maximum of 9 people at a time in green zone, inside and outside the residence, under certain conditions based on the capacity of the room to foster a recommended physical distance, according to the level of protection of the people concerned;</li> </ul>	X	X
<ul style="list-style-type: none"> <li>It is possible to welcome caregivers and visitors considered protected in the resident's rental unit or outside on the residence site without having to respect the physical distance of 2 meters and without wearing a mask for users and caregivers/visitors. For caregivers/visitors considered unprotected or partially protected, physical distancing of 2 meters and wearing a mask will be required.</li> </ul>	X	X
 <b>LIFE IN THE RESIDENCE</b>		
Anti-bacterial gel to be used by all residents, authorized visitors and employees at the entrance of the residence as well as in parking areas (at the entrance to the elevators)	X	X
Increased cleaning and disinfection of surfaces that are touched by people	X	X
Sensitization of commercial tenants and construction sub-contractors about hygiene measures that need to be implemented in the complexes	X	
Numerous posters of reminders regarding sanitation and hygiene (residents, authorized visitors, kitchen staff)	X	X
Hand hygiene training for all staff	X	X
Setting up hand hygiene stations at the entrance of the residence and the equipment required to respect hygiene and respiratory etiquette in the cafeteria	X	X
Respect of physical distancing measures, notably the respect of 2 meters between residents, between residents and employees and between employees	X	X
Installation of floor markings and plexiglass in all complexes.	X	X
It is possible to hold activities or meetings in a common space inside and outside between protected residents* without having to respect the physical distance of 2 meters and without wearing a mask (for example: activities to prevent deconditioning, regrouping at the show, leisure activities). Supervised group activities aimed at preventing mental, cognitive, and physical decline are authorized in the residence for a maximum of 25 people in green zone, conditional upon respect for infection prevention and control guidelines. Wearing a medical mask and distance is variable, depending on the level of protection of the people concerned. Supervised group activities aimed at preventing mental, cognitive, and physical decline are authorized outside the residence for a maximum of 50 people in green zone, conditional upon respect for guidelines. Wearing a medical mask and distance is variable, depending on the level of protection of the people concerned.	X	X
Auditoriums and cinemas in the residence, with seating, are open to a maximum number of 250 people. Wearing a medical mask and distance is variable, depending on the level of protection of the people concerned. A medical mask or face covering may be removed in green zone once the person is seated, provided the person remains silent. Access to shared common areas is permitted with a small number of residents, depending on the reception capacity and the level of protection of the people concerned.	X	X
Use of the swimming pool is permitted under certain conditions by a limited number of residents to facilitate rigorous application of sanitary measures, including the physical distancing recommended, according to the level of protection of the people concerned, and the wearing of a medical mask or face covering when traveling. Use of the fitness room is permitted under certain conditions by a limited number of residents, based on capacity in order to respect the physical distancing recommended between residents, depending on the level of protection of the persons concerned, and the rigorous application of measures sanitary facilities including wearing a medical mask or face cover when traveling. Hand hygiene is required at the entrance to the room. If objects are shared, they must be disinfected before and after each use. Access to the changing rooms and showers is permitted under certain conditions. Please refer to staff at your residence.	X	X
Access to the complex's shops permitted (for residents only). Respect of sanitary measures and verification of their compliance	X	
Meals in the dining room are authorized in the residences conditional on following strict sanitary measures: <ul style="list-style-type: none"> <li>Wearing a mask (medical or face covering according to the directive in force), maintaining social distancing recommended, depending on the level of protection of the people concerned, and avoiding crowds (eg: elevator, in front of the room, etc.).</li> <li>Frequent hand washing.</li> <li>A maximum of 10 residents per table in green zone.</li> <li>Respect of the meal schedule.</li> <li>«Buffet» style meals are prohibited in the dining room.</li> <li>The "bubble" concept may be applied in care units.</li> <li>10 people (caregivers, visitors or residents only) can have access to the dining room at the same table, without being seated with other residents of the residence.</li> </ul>	X	X
 <b>VISITS FROM NON-FAMILY MEMBERS WHO DO NOT FALL UNDER THE DEFINITION OF A CAREGIVER</b>		
Visits on the residence grounds are allowed, up to a maximum of 9 people at the same time in green zone, depending on the capacity of the land.	X	X
Visits by guests allowed in green zone.	X	X
Visits by volunteers allowed in all zones.	X	X
 <b>EXITING FROM THE RESIDENCE</b>		
At all times, residents who have tested positive, who have symptoms or who are awaiting COVID-19 results are not allowed to exit the residence	X	X
Respect physical distancing measures, notably two meter physical distancing between residents, between staff and residents and between staff members, when possible.	X	X
Compliance with the hand-washing procedure by residents at the exit and entrance of the residence, as well as in parking areas (at the entrance to the elevators)	X	
Establishment of a protocol to coordinate visits of caregivers and/or relatives outside, in order to avoid gatherings	X	
Outings are permitted in compliance with the sanitary measures in force.	X	X
A resident can attend a gathering in a private home inside and outside, in accordance with the instructions issued by Public Health for the general population.	X	X
Walks outside and in the residence's halls, as well as essential visits (grocery store, pharmacy, etc.) are permitted, in accordance with the instructions issued by Public Health for the general population.	X	X

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